



CERTIFICATE OF ACHIEVEMENT

This is to acknowledge that

Sam Penny (45y) 

has completed a swim observed by IISA:

Date: 29-Jun-2019

Venue: Lake Crackenback

Distance: 1000 metres

Swim Time: 00:15:30.00

Water Temp: 4.50°C

Wind Chill: 11.00°C

Stroke: Crawl

Observer: Wyatt Song
Australia

KEEP SAFTEY AND INTEGRITY IN THE ICE

INTERNATIONAL ICE SWIMMING ASSOCIATION