



CERTIFICATE OF ACHIEVEMENT

This is to acknowledge that

Joshua Ackerman (20y) 

has completed a swim observed by IISA:

Date: 30-Jul-2019

Venue: Lesotho 2019 SA Ice Swimming Championship

Distance: 1000 metres

Swim Time: 00:18:38.09

Water Temp: 1.70°C

Wind Chill: 0.00°C

Stroke: Crawl

Observer: Ram Barkai
South Africa

KEEP SAFETY AND INTEGRITY IN THE ICE

INTERNATIONAL ICE SWIMMING ASSOCIATION