



## CERTIFICATE OF ACHIEVEMENT

This is to acknowledge that

**Kevin Cooper** (60y) 

has completed a swim observed by IISA:

Date: 19-Jan-2019

Venue: Lough Dan

Distance: 1000 metres

Swim Time: 00:00:21.00

Water Temp: 6.00°C

Wind Chill: 3.00°C

Stroke: Crawl

Observer: Deirdre King  
Ireland

KEEP SAFETY AND INTEGRITY IN THE ICE

**INTERNATIONAL ICE SWIMMING ASSOCIATION**