



# CERTIFICATE OF ACHIEVEMENT

This is to acknowledge that

**Verity Green (44y)** 

has completed a swim observed by IISA:

Date: 04-Jan-2025

Venue: Preston Park, River Tees

Distance: 1000 metres

Swim Time: 00:20:47.40

Water Temp: 3.10°C

Wind Chill: 0.00°C

Altitude: Sea Level metres

Stroke: Crawl

Observer: Richard Wearmouth  
South Africa

KEEP SAFTEY AND INTEGRITY IN THE ICE

**INTERNATIONAL ICE SWIMMING ASSOCIATION**