



CERTIFICATE OF ACHIEVEMENT

This is to acknowledge that

Lars Mack (43y) 

has completed a swim observed by IISA:

Date: 04-Jan-2019

Venue: Veitsbronn / Germany

Distance: 1000 metres

Swim Time: 00:20:02.09

Water Temp: 1.80°C

Wind Chill: 5.00°C

Stroke: Crawl

Observer: Oliver Halder
Germany

KEEP SAFETY AND INTEGRITY IN THE ICE

INTERNATIONAL ICE SWIMMING ASSOCIATION