



## CERTIFICATE OF ACHIEVEMENT

This is to acknowledge that

**Jen Valosek** (49y) 

has completed a swim observed by IISA:

Date: 29-Nov-2024

Venue: Donner Lake

Distance: 1000 metres

Swim Time: 00:20:43.00

Water Temp: 6.11°C

Wind Chill: 0.00°C

Altitude: 1805 metres

Stroke: Crawl

Observer: Shannon Rahlves  
United States

KEEP SAFTEY AND INTEGRITY IN THE ICE

**INTERNATIONAL ICE SWIMMING ASSOCIATION**