



CERTIFICATE OF ACHIEVEMENT

This is to certify that

Kerstin Thomas (45y) 

has successfully competed in
Dutch open ice swim championships

Zwembad De Waterdam in Volendam

30-Jan-2016

1000m Freestyle in 16:33:00 minutes

Overall 1st / Age Group (45-49y) 1st


WORLD RECORD - AGE GROUP

Category Women

Pool Course

Water 4.90°C, Wind Chill 0.00°C




Ram Barkai
IISA Chair

Netherlands
Chair & Board



INTERNATIONAL ICE SWIMMING ASSOCIATION