IISA
ICE SWIMMING
NETHERLANDS

CERTIFICATE OF ACHIEVEMENT

This is to certify that

Conny Prasser (40y)

has successfully competed in

Dutch open ice swim championships

Zwembad De Waterdam in Volendam

30-Jan-2016

1000m Freestyle in 16:56:00 minutes

Overall 2nd / Age Group (40-44y) 1st

WORLD RECORD - AGE GROUP

Category Women

Pool Course

Water 4.90°C, Wind Chill 0.00°C

IISA
INTERNATIONAL
ICE SWIMMING
ASSOCIATION

Ram Barkai
IISA Chair

Netherlands
Chair & Board

IISA
ICE SWIMMING
NETHERLANDS

INTERNATIONAL ICE SWIMMING ASSOCIATION