



CERTIFICATE OF ACHIEVEMENT

This is to certify that

Adam Ciempka (38y) 

has successfully competed in
River Labe CZ Ice Swim 2015

Hradec Kralove

19-Dec-2015

1000m Freestyle in 25:19:00 minutes

Overall 17th / Age Group (35-39y) 4th

Category Men

Open Water Course

Water 4.70°C, Wind Chill 7.00°C




Ram Barkai
IISA Chair

Czech Republic
Chair & Board



INTERNATIONAL ICE SWIMMING ASSOCIATION