



# CERTIFICATE OF ACHIEVEMENT

This is to certify that

**Sinne Lundgaard** (49y) 

has successfully competed in  
**River Labe CZ Ice Swim 2015**

Hradec Kralove

19-Dec-2015

**1000m Freestyle in 30:06:00 minutes**

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Overall 6th / Age Group (45-49y) 1st

Category Women

Open Water Course

Water 4.70°C, Wind Chill 7.00°C



  
**Ram Barkai**  
IISA Chair

*Czech Republic*  
*Chair & Board*



INTERNATIONAL ICE SWIMMING ASSOCIATION