



CERTIFICATE OF ACHIEVEMENT

This is to certify that

Ram Barkai (58y) 

has successfully competed in

International Ice Swimming Association Ireland 1K National
championships
Wild Water, Armagh

30-Jan-2016

1000m Freestyle in 16:53:00 minutes

Overall 9th / Age Group (55-59y) 1st

Category Men

Pool Course

Water 4.50°C, Wind Chill -8.00°C

IISA
INTERNATIONAL
ICE SWIMMING
ASSOCIATION



*R
B*

Ram Barkai
IISA Chair

Ireland
Chair & Board

IISA
INTERNATIONAL
ICE SWIMMING
ASSOCIATION

