



CERTIFICATE OF ACHIEVEMENT

This is to certify that

Ryan Stramrood (41y) 

has successfully competed in

IISA 1st World Championship

Lake Semenovskoye, Murmansk, Russian Federation

20-Mar-2015

1000m Freestyle in 14:27:00 minutes

Overall 6th / Age Group (40-44y) 2nd

Category Men

Pool Course

Water 0.08°C, Wind Chill -5.00°C




Ram Barkai
IISA Chair

Russian Federation
Chair & Board



INTERNATIONAL ICE SWIMMING ASSOCIATION