



## CERTIFICATE OF ACHIEVEMENT

This is to certify that

## Kieron Palframan (41y) 🔀



has successfully competed in **IISA 1st World Championship** 

Lake Semenovskoye, Murmansk, Russian Federation 20-Mar-2015

1000m Freestyle in 15:41:00 minutes

Overall 7th / Age Group (40-44y) 3rd Category Men

> **Pool Course** Water 0.08°C, Wind Chill -5.00°C



Russian Federation Chair & Board



INTERNATIONAL ICE SWIMMING ASSOCIATION