



# CERTIFICATE OF ACHIEVEMENT

This is to certify that

**Marcin Trudnowski (45y)** 

has successfully competed in  
World Cup, Polish Championships IISA 1km

Katowice

21-Jan-2017

1000m Freestyle in 17:29:41 minutes

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Overall 3rd / Age Group (45-49y) 1st

Category Men

Open Water Course

Water 1.50°C, Wind Chill 0.00°C



  
**Ram Barkai**  
IISA Chair

*Poland*  
*Chair & Board*



INTERNATIONAL ICE SWIMMING ASSOCIATION