



# CERTIFICATE OF ACHIEVEMENT

This is to certify that

**Cath Pendleton (44y)** 

has successfully competed in  
**World Cup, Polish Championships IISA 1km**  
Katowice  
21-Jan-2017

1000m Freestyle in 21:47:00 minutes

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Overall 5th / Age Group (45-49y) 1st


Category Women

Open Water Course

Water 1.50°C, Wind Chill 0.00°C



IISA  
INTERNATIONAL  
ICE SWIMMING  
ASSOCIATION



Ram Barkai  
IISA Chair

*Poland*  
Chair & Board



IISA  
INTERNATIONAL  
ICE SWIMMING  
ASSOCIATION  
POLAND