



# CERTIFICATE OF ACHIEVEMENT

This is to certify that

**Heather Massey** (36y) 

has successfully competed in  
IISA Great Britain IK Open.

Andark Lake, Southampton, UK

20-Feb-2016

1000m Freestyle in 17:10:00 minutes

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Overall 4th / Age Group (35-39y) 2nd

Category Women

Open Water Course

Water 5.00°C, Wind Chill 0.00°C



  
**Ram Barkai**  
IISA Chair

*Great Britain*  
Chair & Board



INTERNATIONAL ICE SWIMMING ASSOCIATION