



# CERTIFICATE OF ACHIEVEMENT

This is to certify that

**Teresa Palese (24y)** 

has successfully competed in  
**Ice Swimming Hallstättersee**

Bad Goisern, Strandbad

21-Feb-2026

**1000m Freestyle in 21:37.16 minutes**

Overall 4th / Age Group (25-29y) 1st

Category Women

Certified Pool Course

Water 3.50°C, Wind Chill 1.90°C, Altitude 508m, 47.61° N



  
**Ram Barkai**  
IISA Chair

*Austria*  
*Chair & Board*

