



# CERTIFICATE OF ACHIEVEMENT

This is to certify that

**Wilfrid GRUEL** (52y) 

has successfully competed in  
**French National Championships**

Saint Louis, Haut Rhin

09-Jan-2026


**500m Freestyle in 06:35.40 minutes**

Overall 3rd / Age Group (50-54y) 2nd  
Category Men

Certified Pool Course

Water 4.47°C, Wind Chill 0.00°C, Altitude 0m, 47.59° N



  
**Ram Barkai**  
IISA Chair

*France*  
*Chair & Board*

