



CERTIFICATE OF ACHIEVEMENT

This is to certify that

Chris Cook (45y) 

has successfully competed in
IISA 2nd European Open Championship

Molveno, Italy

03-Feb-2026

500m Freestyle in 06:45.00 minutes

Overall 10th / Age Group (45-49y) 1st

Category Men

Certified Pool Course

Water 2.10°C, Wind Chill -1.90°C, Altitude 864m, 46.13° N



Ram Barkai
IISA Chair

Italy
Chair & Board

