



# CERTIFICATE OF ACHIEVEMENT

This is to certify that

**James Bridges** (68y) 

has successfully competed in  
**IISA 2nd European Open Championship**

Molveno, Italy

04-Feb-2026

**250m Freestyle in 03:43.81 minutes**

Overall 48th / Age Group (65-69y) 1st

Category Men

Certified Pool Course

Water 2.10°C, Wind Chill -1.90°C, Altitude 864m, 46.13° N



**Ram Barkai**  
IISA Chair

*Italy*  
*Chair & Board*

