



# CERTIFICATE OF ACHIEVEMENT

This is to certify that

**Patricia Heffernan** (63y) 

has successfully competed in  
IISA Ireland 2025 National Championships  
Clontarf Baths, Dublin. Ireland  
20-Dec-2025

1000m Freestyle in 22:58.00 minutes

Overall 17th / Age Group (60-64y) 1st  
Category Women [Disabled]

Pool Course

Water 6.50°C, Wind Chill 6.20°C, Altitude 1m, 53.21° N

N-ICE Swim (>5°C)

Welcome to IISA Ireland One Sport Global Friendship



Ram Barkai  
IISA Chair

*Ireland*  
Chair & Board

