



**X AMSTERDAM**  
**X ICE**  
**X SWIM**  
POWERED BY SPORTMOMENTJE

## CERTIFICATE OF ACHIEVEMENT

This is to certify that

**Jonas Coene (34y)** 

has successfully competed in  
**Amsterdam Ice Swim**

Jeugdland Amsterdam

14-Dec-2025

**500m Freestyle in 07:50.13 minutes**

Overall 6th / Age Group (30-34y) 3rd

Category Men

Pool Course

Water 8.60°C, Wind Chill 2.70°C, Altitude 0m, 52.36° N

**N-ICE Swim (>5°C)**



  
**Ram Barkai**  
IISA Chair

*Netherlands*  
*Chair & Board*

