



AMSTERDAM
ICE
SWIM

POWERED BY SPORTMOMENTJE

CERTIFICATE OF ACHIEVEMENT

This is to certify that

Nicolas Verel (32y) 

has successfully competed in
Amsterdam Ice Swim

Jeugdland Amsterdam

13-Dec-2025

250m Freestyle in 03:33.90 minutes

Overall 6th / Age Group (30-34y) 3rd

Category Men

Pool Course

Water 8.60°C, Wind Chill 2.70°C, Altitude 0m, 52.36° N

N-ICE Swim (>5°C)



Ram Barkai
IISA Chair

Netherlands
Chair & Board



INTERNATIONAL ICE SWIMMING ASSOCIATION