



X AMSTERDAM
X ICE
X SWIM

POWERED BY SPORTMOMENTJE

CERTIFICATE OF ACHIEVEMENT

This is to certify that

Ingrid Versteegen (52y) 

has successfully competed in
Amsterdam Ice Swim

Jeugdland Amsterdam

13-Dec-2025

250m Freestyle in 04:27.46 minutes

Overall 5th / Age Group (50-54y) 1st

Category Women

Pool Course

Water 8.60°C, Wind Chill 2.70°C, Altitude 0m, 52.36° N

N-ICE Swim (>5°C)



Ram Barkai
IISA Chair

Netherlands
Chair & Board

