



**AMSTERDAM**  
**ICE**  
**SWIM**

POWERED BY SPORTMOMENTJE

## CERTIFICATE OF ACHIEVEMENT

This is to certify that

**Hanc de Bokx** (53y) 

has successfully competed in  
**Amsterdam Ice Swim**

Jeugdland Amsterdam

13-Dec-2025

1000m Freestyle in 22:11.16 minutes

Overall 18th / Age Group (50-54y) 5th

Category Men

Pool Course

Water 8.60°C, Wind Chill 2.70°C, Altitude 0m, 52.36° N

N-ICE Swim (>5°C)



Ram Barkai  
IISA Chair

*Netherlands*  
*Chair & Board*

