



CERTIFICATE OF ACHIEVEMENT

This is to certify that

Martha Wood (62y) 

has successfully competed in
Antarctica Nov 2024 Main 2

Rongé Island, Antarctica

13-Nov-2024

1000m Freestyle in 20:24.17 minutes

Overall 3rd / Age Group (60-64y) 1st

Category Women

Open Water Course

Water -0.80°C , Wind Chill 0.00°C , Altitude 0m, 64.73°S



Ram Barkai
IISA Chair

Antarctica
Chair & Board

