



CERTIFICATE OF ACHIEVEMENT

This is to certify that

Anke Rubien (61y) 

has successfully competed in
Silbersee-Ice-Cup 2024

Silbersee Langenhagen

01-Dec-2024

50m Freestyle in 00:56.75 minutes

Overall 7th / Age Group (60-64y) 1st

Category Women

Open Water Course

Water 6.10°C, Wind Chill 0.00°C, Altitude 51m

N-ICE Swim (>5°C)




Ram Barkai
IISA Chair

Germany
Chair & Board

