



# CERTIFICATE OF ACHIEVEMENT

This is to certify that

**Rocco Marco Russo (63y)** 

has successfully competed in  
French National Championships

Palais des Sports de Megève  
13-Dec-2024


100m Freestyle in 01:49.81 minutes

Overall 31st / Age Group (60-64y) 2nd  
Category Men

Pool Course

Water 4.48°C, Wind Chill 0.00°C, Altitude 1113m, 45.87° N



  
**Ram Barkai**  
IISA Chair

*France*  
*Chair & Board*

