



# CERTIFICATE OF ACHIEVEMENT

This is to certify that

**Guillaume Parrot (31y)** 

has successfully competed in  
**French National Championships**

Palais des Sports de Megève  
15-Dec-2024


**500m Freestyle in 09:35.21 minutes**

Overall 14th / Age Group (30-34y) 2nd  
Category Men

Pool Course

Water 4.48°C, Wind Chill 0.00°C, Altitude 1113m, 45.87° N



  
**Ram Barkai**  
IISA Chair

*France*  
*Chair & Board*

