



# CERTIFICATE OF ACHIEVEMENT

This is to certify that

**GWLADYS EXTREMERA** (46y) 

has successfully competed in  
French National Championships

Palais des Sports de Megève

13-Dec-2024

1000m Freestyle in 16:05.27 minutes

Overall 2nd / Age Group (45-49y) 1st

Category Women

Pool Course

Water 4.48°C, Wind Chill 0.00°C, Altitude 1113m, 45.87° N



Ram Barkai  
IISA Chair

*France*  
*Chair & Board*

