



# CERTIFICATE OF ACHIEVEMENT

This is to certify that

**Adam Boon** (50y) 

has successfully competed in  
**IISA GB Championships**

Rother Valley Country Park

14-Dec-2024

**50m Breaststroke in 00:46.97 minutes**

Overall 4th / Age Group (50-54y) 1st

Category Men


Pool Course

Water 5.85°C, Wind Chill 11.00°C, Altitude 62m, 53.33° N

**N-ICE Swim (>5°C)**

**IISA GB Championships**



  
**Ram Barkai**  
IISA Chair

*Great Britain*  
Chair & Board

