



# CERTIFICATE OF ACHIEVEMENT

This is to certify that

**Elizabeth Mills** (45y) 

has successfully competed in  
**IISA 6th WC - Molveno 2025**

Molveno, Italy

17-Jan-2025

**200m Individual Medley in 03:14.31 minutes**

Overall 25th / Age Group (45-49y) 5th

Category Women

Certified Pool Course

Water 1.94°C, Wind Chill 1.00°C, Altitude 864m, 49.90° N



**Ram Barkai**  
IISA Chair

*Italy*  
*Chair & Board*

