



CERTIFICATE OF ACHIEVEMENT

This is to certify that

Rachel Averill (57y) 

has successfully competed in
200IM NZ & Sthrn Hemisphere Champs

Alexandra Pool

12-Jul-2024

200m Individual Medley in 04:20.89 minutes

Overall 9th / Age Group (55-59y) 1st


WORLD RECORD - AGE GROUP

Category Women

Certified Pool Course

Water 2.18°C, Wind Chill -3.00°C, Altitude 150m, 45.24° S




Ram Barkai
IISA Chair

New Zealand
Chair & Board

