



# CERTIFICATE OF ACHIEVEMENT

This is to certify that

**Michal Starosolski (42y)** 

has successfully competed in  
**Antarctica Ice Swimming Adventure - short**

Detaille Island, Antarctica

22-Feb-2024

**100m Freestyle in 03:20.00 minutes**

Overall 1st / Age Group (40-44y) 1st

Category Men

Open Water Course

Water 0.00°C, Wind Chill 0.00°C, Altitude 0m, 66.52° S

**Below the Antarctic Circle**

**IISA**  
INTERNATIONAL  
ICE SWIMMING  
ASSOCIATION



**Ram Barkai**  
IISA Chair

*Antarctica*  
*Chair & Board*

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