



# CERTIFICATE OF ACHIEVEMENT

This is to certify that

**Carlos Franco** (49y) 

has successfully competed in

**Antarctica Ice Swimming Adventure - short**

Detaille Island, Antarctica

22-Feb-2024

**200m Freestyle in 04:00.00 minutes**

Overall 9th / Age Group (50-54y) 2nd

Category Men

Open Water Course

Water 0.00°C, Wind Chill 0.00°C, Altitude 0m, 66.52° S

**Below the Antarctic Circle**

**IISA**  
INTERNATIONAL  
ICE SWIMMING  
ASSOCIATION

*R  
B*

**Ram Barkai**  
IISA Chair

*Antarctica*  
Chair & Board

**IISA**  
INTERNATIONAL  
ICE SWIMMING  
ASSOCIATION  
ANTARCTICA

INTERNATIONAL ICE SWIMMING ASSOCIATION