



CERTIFICATE OF ACHIEVEMENT

This is to certify that

Arleen Gonzalez (42y)

has successfully competed in

Antarctica Ice Swimming Adventure - short

Detaille Island, Antarctica 22-Feb-2024

200m Freestyle in 04:00.00 minutes

Overall 4th / Age Group (40-44y) 1st

Category Women

Open Water Course Water 0.00°C, Wind Chill 0.00°C, Altitude 0m, 66.52°S

Below the Antarctic Circle



Ram Barkai **IISA** Chair

INTERNATIONAL ICE SWIMMING ASSOCIATION



