



## CERTIFICATE OF ACHIEVEMENT

This is to certify that

Julia Zeen (47y)



has successfully competed in

Amsterdam Ice Swim

Jeugdland Amsterdam 15-Dec-2024

100m Freestyle in 01:35.09 minutes

Overall 10th / Age Group (45-49y) 2nd Category Women

**Pool Course** 

Water 4.70°C, Wind Chill 3.30°C, Altitude 0m, 52.36° N



Netherlands Chair & Board



INTERNATIONAL ICE SWIMMING ASSOCIATION