



# CERTIFICATE OF ACHIEVEMENT

This is to certify that

**Nadja glæde Tønnesen (36y)** 

has successfully competed in  
DM i is-svømning

Faaborg

28-Jan-2024

250m Freestyle in 04:01.01 minutes

Overall 3rd / Age Group (35-39y) 1st  
Category Women [Disabled]

Open Water Course

Water 3.38°C, Wind Chill 1.40°C, Altitude 0m, 55.10° N



  
**Ram Barkai**  
IISA Chair

*Denmark*  
*Chair & Board*



INTERNATIONAL ICE SWIMMING ASSOCIATION