



# CERTIFICATE OF ACHIEVEMENT

This is to certify that

**Nadja glæde Tønnesen (36y)** 

has successfully competed in  
**Ruds-Vedby IISA Event**

Ruds-Vedby Frilufstbad

30-Dec-2023

**Ice Mile in 27:34.45 minutes**

Overall 1st / Age Group (35-39y) 1st

Category Women [Disabled]

Open Water Course

Water 4.43°C, Wind Chill 1.20°C, Altitude 10m, 55.54° N



  
**Ram Barkai**  
IISA Chair

*Denmark*  
*Chair & Board*



INTERNATIONAL ICE SWIMMING ASSOCIATION