



CERTIFICATE OF ACHIEVEMENT

This is to certify that

Francois Lambrechts (50y) 

has successfully competed in
IISA NZ & Southern Hemisphere Pool Championships

Alexandra Aquatic Center

10-Jul-2024

250m Freestyle in 04:15.45 minutes

Overall 7th / Age Group (50-54y) 1st

Category Men [Disabled]

Certified Pool Course

Water 2.26°C, Wind Chill -3.00°C, Altitude 150m, 45.24° S




Ram Barkai
IISA Chair

New Zealand
Chair & Board

