



# CERTIFICATE OF ACHIEVEMENT

This is to certify that

**Francois Lambrechts** (50y) 

has successfully competed in  
IISA NZ & Southern Hemisphere Pool Championships

Alexandra Aquatic Center

13-Jul-2024

1000m Freestyle in 19:20.99 minutes

Overall 7th / Age Group (50-54y) 1st

Category Men [Disabled]

Certified Pool Course

Water 2.26°C, Wind Chill -3.00°C, Altitude 150m, 45.24° S



Ram Barkai  
IISA Chair

*New Zealand*  
*Chair & Board*

