

# CERTIFICATE OF ACHIEVEMENT

This is to certify that

## Nicole Kruettgen (46y) =

has successfully competed in

#### Silbersee Ice-Cup

Silbersee Langenhagen 02-Dec-2023

## 50m Breaststroke in 01:00.00 minutes

### Overall 4th / Age Group (45-49y) 2nd

#### Category Women

Open Water Course Water 4.80°C, Wind Chill 1.00°C, Altitude 51m, 52.43° N

IISA INTERNATIONAL ICE SWIMMING ASSOCIATION

Ram Barkai IISA Chair

INTERNATIONAL ICE SWIMMING ASSOCIATION

**Germany** Chair & Board

