



**Silbersee Ice-Cup 2023**

# CERTIFICATE OF ACHIEVEMENT

This is to certify that

**Tom Down (42y)** 

has successfully competed in

**Silbersee Ice-Cup**

Silbersee Langenhagen

02-Dec-2023

**200m Freestyle in 04:22.50 minutes**


Overall 5th / Age Group (40-44y) 2nd

Category Men

Open Water Course

Water 4.80°C, Wind Chill 1.00°C, Altitude 51m, 52.43° N



  
**Ram Barkai**  
IISA Chair

*Germany*  
*Chair & Board*



INTERNATIONAL ICE SWIMMING ASSOCIATION