



CERTIFICATE OF ACHIEVEMENT

This is to certify that

Lisa Holm (20y) 

has successfully competed in

Silbersee Ice-Cup

Silbersee Langenhagen

02-Dec-2023

50m Backstroke in 00:44.65 minutes

Overall 1st / Age Group (18-24y) 1st

Category Women

Open Water Course

Water 4.80°C, Wind Chill 1.00°C, Altitude 51m, 52.43° N




Ram Barkai
IISA Chair

Germany
Chair & Board



INTERNATIONAL ICE SWIMMING ASSOCIATION