



# CERTIFICATE OF ACHIEVEMENT

This is to certify that

**Carrie Wilmot (56y)** 

has successfully competed in  
**IISA 1st European Championship**

Oradea, Romania

03-Feb-2024

**100m Breaststroke in 01:40.87 minutes**


Overall 13th / Age Group (55-59y) 2nd

Category Women

Open Water Course

Water 4.07°C, Wind Chill 0.60°C, Altitude 0m, 47.40° N



  
**Ram Barkai**  
IISA Chair

*Romania*  
*Chair & Board*



INTERNATIONAL ICE SWIMMING ASSOCIATION