



CERTIFICATE OF ACHIEVEMENT

This is to certify that

Lembit Laht (74y) 

has successfully competed in
IISA 1st European Championship

Oradea, Romania

03-Feb-2024

100m Breaststroke in 01:57.35 minutes

Overall 44th / Age Group (75-79y) 1st

WORLD RECORD - AGE GROUP

Category Men

Open Water Course

Water 4.07°C, Wind Chill 0.60°C, Altitude 0m, 47.40° N




Ram Barkai
IISA Chair

Romania
Chair & Board



INTERNATIONAL ICE SWIMMING ASSOCIATION