



# CERTIFICATE OF ACHIEVEMENT

This is to certify that

**Carrie Wilmot** (56y) 

has successfully competed in  
**IISA 1st European Championship**

Oradea, Romania

04-Feb-2024

**50m Backstroke in 00:42.51 minutes**

Overall 13th / Age Group (55-59y) 2nd

Category Women

Open Water Course

Water 4.07°C, Wind Chill 0.60°C, Altitude 0m, 47.40° N



  
**Ram Barkai**  
IISA Chair

*Romania*  
Chair & Board

