



# CERTIFICATE OF ACHIEVEMENT

This is to certify that

**James Bridges (66y)** 

has successfully competed in  
**IISA 1st European Championship**

Oradea, Romania

04-Feb-2024

**250m Freestyle in 03:40.01 minutes**

Overall 42nd / Age Group (65-69y) 1st


**WORLD RECORD - AGE GROUP**

Category Men

Open Water Course

Water 4.07°C, Wind Chill 0.60°C, Altitude 0m, 47.40° N



  
**Ram Barkai**  
IISA Chair

*Romania*  
Chair & Board



INTERNATIONAL ICE SWIMMING ASSOCIATION