



# CERTIFICATE OF ACHIEVEMENT

This is to certify that

**Christopher Young (47y)** 

has successfully competed in  
**Australian Open Ice Swim Challenge**

Snowy Mountains, NSW

12-Aug-2023

**1000m Freestyle in 24:40.03 minutes**

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**Overall 1st / Age Group (45-49y) 1st**

**Category Men**

Open Water Course

Water 4.50°C, Wind Chill 4.70°C, Altitude 0m



  
**Ram Barkai**  
IISA Chair

*Australia*  
*Chair & Board*



INTERNATIONAL ICE SWIMMING ASSOCIATION