

## CERTIFICATE OF ACHIEVEMENT

This is to certify that

rena demeo (54y)



has successfully competed in

**IISA USA Nationals** 

Brookfield Swim Club Chantilly, VA (Washington DC Area) 14-Jan-2024

50m Freestyle in 01:12.21 minutes

Overall 14th / Age Group (55-59y) 1st Category Women

**Pool Course** 

Water 3.90°C, Wind Chill 0.00°C, Altitude 0m, 38.88° N



United States Chair & Board



TERNATIONAL ICE SWIMMING ASSOCIATION